

Holy Communion 1

What is Holy Communion, or the Sacrament of the Altar? Luther says in the Large Catechism: *It is the true body and blood of the Lord Christ in and under the bread and wine which we Christians are commanded by Christ's word to eat and to drink (LC, V, 8).* How can this be? It is what we call a sacrament. The word sacrament means "mystery." It doesn't make sense, but when God's Word is added to the elements (bread and wine), it makes it a Sacrament, the body and blood of Jesus Christ in, with, and under the bread and wine.

Prayer:

Lord, thank You for giving us the Sacrament of Holy Communion. In Jesus name, Amen. 0228