

Catechesis Minute: The Second Commandment

You shall not misuse the name of the Lord your God.

What does this mean? We should fear and love God so that we do not curse, swear, use satanic arts, lie, or deceive by His name, but call upon it in trouble, pray, praise, and give thanks.

Have you ever had anyone make fun of your name? I've never been very fast, and some kids at school called me "Dale the snail" one time. It hurts when people make fun of your name or don't use it right, because your name is who you are.

That's what the Second Commandment is about, God's name. He doesn't want us to use His name the wrong way or for the wrong thing. It hurts Him when we do. And in our Baptism, He has put His name on us. So how we use it reflects on us.

So, let's make sure we don't use His name lightly or in the wrong way. Let's remember to treat God's name with respect and *call upon it in every trouble, pray, praise, and give thanks*, like the **Catechism** says.

Payer:

Lord, help us not use Your name in the wrong way, but call upon You in trouble, pray, praise, and give thanks. Amen.