The Creed

Having heard the Word of God, we confess our faith together in the words of the Creed. This is a summary of the Christian faith that connects us to the ancient church. The word "creed" come from a Latin word that means "I believe." There are three Creeds that we use. The Apostles' Creed, which was not written by the Apostles', but contains their teaching. When people became Christians, they would confess this at their Baptism. We also use the Nicene Creed. It makes it clear that Jesus Christ is fully divine and fully human. We use this for services where we are having Communion, except during Advent and Lent, when we use the Apostles' Creed. The third Creed is the Athanasian Creed. This is a long creed that makes it clear who the Father, Son, and Holy Spirit are. We use it on Trinity Sunday, the first Sunday after Pentecost.

The point is, in each creed, we all confess the faith we share with the words "I believe," showing that this faith is mine as well as everyone else's. Using these creeds regularly helps us keep our faith strong throughout the week.

Prayer

Lord, when we confess our faith, strengthen it by Your Spirit. In Jesus' name we pray. **Amen.**